A wonderful day of the Fun Run at Castlemaine Botanic Gardens; Mr Knight and Grade 6 class in Wood Tech action

THE VALUE OF THE FAMILY EATING DINNER TOGETHER

There are many benefits of families sharing regular mealtimes together around the table. There is a large amount of research and information available on this topic affirming that this regular family time is such a key asset for building strong family ties and healthy relationships and empowering children to succeed in life. Among the considerable benefits of the family eating regular meals together are:

Everyone eats healthier meals.
Children are less likely to become overweight or obese.
School grades are likely to be higher.
There will be more talking between parents and children.
Parents will more likely hear about a serious problem.
Children will feel like you’re proud of them.
There will be less stress and tension in the home.
Children will develop good communication skills.
Children will learn appropriate table manners and will broaden their vocabularies.

(Adapted from webmd.com/a-to-z-guides/features/family-dinners-are-important)

PLEASE PRAY THIS WEEK for the BURT COX and both of the BROWN Families.

ADIDAS SCHOOL FUN RUN
What a wonderful time we had at the gardens yesterday enjoying the lovely God-given warm spring weather. Students did well, lots of parents came and either watched or ran lots of laps!!!cooks excelled and the overall organization from our trusty leader Mr Steel was exceptional.

Thanks to all the sponsors for the day, including Bakers Delight, Maxi IGA and Peter Green. Thank to all who assisted on the day and to Mr Steel for your great idea and planning for the day.

Students have until next Friday (13 Sept) to return funds raised.

GAMMA/DELTA CRICKET
Next Monday the T20 Cricket comes to Olivet, with coaches taking a clinic with the grade 3/4 and 5/6 students for their sport sessions. This will be a great way to round off PE classes for the term.

HONOUR ROLL TRIPS Monday 16 September
ELC AND DELTA CLASSES
Grades:Prep - 4 will travel by school bus to Fun Bugs in Ballarat for our primary Honour Roll Trip. We will depart from school at 9.30 am and return by 3.00 pm. Children will need to wear sports uniform and bring along lunch, snacks, drink and necessary medications.

The trip will be subsidized by the school but a $5 cost per student will be levied to parent accounts.

PERMISSION FORM ELC/DELTA HR TRIP
I give permission for ______________________ to attend the Honour Roll Trip to Fun Bugs on Monday September 16

SIGNATURE OF PARENT/GUARDIAN

GAMMA HONOUR ROLL
The Gamma Honour Roll Trip for Term 3 will be held on Wednesday 18 September. We will journey to Bendigo by college bus to the Bendigo Discovery Centre.

We will have a great time participating in a range of fun science activities. These will include: a Lab activity entitled 'The Fast and the Furious'; a visit to the Planetarium and an opportunity to use the Vertical Slide!!

Students may bring a small amount of money to spend in the shop at the Discovery Centre.

We will then travel to the Strathdale Lions Park for lunch. Students are asked to bring a packed lunch, snacks and drinks for the day. Sports Uniform will be worn on the day. Parents will be charged $6 to their account.

Students will arrive/depart from school as per normal school hours on this day. However, parents of Bendigo students may drop their children at the Discovery Centre at 9:50am and pick up their children at 2pm from the Strathdale Lions Park. Please let Mr Nicholas know if this is going to be the case via the diary.

We are looking forward to a great day in Bendigo!

GAMMA HONOUR ROLL PERMISSION FORM
I give permission for ______________________ to go to the Bendigo Discovery Centre on Wed 18 Sept as outlined in the Newsletter. Cost $6

SIGNATURE OF PARENT/GUARDIAN

SECONDARY 7 - 10 HONOUR ROLL TRIP
The Honour Roll Trip for Term 3 will be held on Monday 16 Sept. We will be travelling to Bendigo for Ten Pin Bowling and a lunch in the park afterwards. Times for the day including pick-up and drop-off times for Bendigo students will be in next week’s Newsletter. Cost will be $10 per student.

SEC HONOUR ROLL PERMISSION FORM
I give permission for ______________________ to go to the Bendigo for TenPin Bowling and lunch on Mon 16 Sept as outlined in the Newsletter. Cost $10 payable by the day of Honour Roll.

SIGNATURE OF PARENT/GUARDIAN
ELC UPDATE  
The Prep students have made a quick start into their new units in English and reading in Science and Social Studies, and satisfying progress is being made. I am also pleased with the support given with home reading – the benefits of this commitment cannot be overstressed. The students in Grade 1/2 have nearly completed their work with Energy and Movement, and we have been looking at Australian Animals as we come to the end of the term. For our writing we have been working on Procedures and telling ‘How to Do’.

AUSTRALIAN MATHS COMPETITION  
Results came to the school this week, with some high achievers among the secondary students in the competition. Well done!

Year 7: JOSHUA MITCHELL Credit  
ALYSSA McARDLE Credit

Year 8: KRIS EVERS Distinction  
OPHELIA BIGNOUX Credit

Year 9: AYSHA McCOY Credit

Year 10: JOEL LOUREY Credit  
RYAN WHITE Credit

FATHERS’ DAY STALL  
Thanks to all of the families who supported our Fathers’ Day Stall last week. Not only did the students have fun but $109.50 was raised towards the Olivet Camping and Excursion Program. Well done everyone! Thanks also to the stall helpers on the day.